

Premiere performances of this programme:

pre-ludere (2016) - Heloïse Ph. Palmer

Quasi-Haiku (2015) - Jacqueline Fontyn

Solitude's Stark Wilderness (2015) - Elainie Lillios

In Love with Liberty (2016) - Santa Ratniece

woanders (2016) - John Palmer

this one for Joan (2016) - Vic Hoyland

texts:

Article 1 of the *Universal Declaration of Human Rights* &
Quasi-Haiku, Waise über Nacht, Der Gummiball, La-Ura, Pony

© Heloïse Ph. Palmer; published in *Ohne sie, wo wärest Du?*

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technical assistant & electronics:

Kaspars Kalnin

Many thanks to Antra Drege for her vision and innovativeness
as well as to Kaspars Kalnin for his assistance.

Heloïse Ph. Palmer

To Be Free

– a dialogue in seven scenes –

ARENA Festival 2016

November 9 2016 · 18'30

Reformatu Church Riga

idea & realisation:

Heloïse Ph. Palmer

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introduction

Encouraged by the *Gods*, Orfëa enters the world dancing. With questions, gestures and sounds, she will provoke thoughts on freedom. Orfëa's Alter Ego is guarding her lovingly from above. She is inspiring her contemplation, thus helping her gathering new insights and gaining a deeper understanding of life...

liberty

comes with life

a life imbued with awareness

awareness is triggered
by conceiving life in a **playful** and **questioning** way

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the **quest**, the never ending **thirst**, **devotion**,
the **connection with others**

the realisation of relativity

Free are those who understand that everything is relative and nothing exists in isolation or disconnection. Free are those who keep this experience awake and celebrate it evermore.

programme

1st scene: **descende, Orfëa...**

Gesualdo di Venosa: *Gagliarda*

Heloïse Ph. Palmer: *pre-ludere*

(variation on a prelude by Hans Martin von Katte)

2nd scene: **All human beings are born free...**

Jacqueline Fontyn: *Quasi-Haiku* (after a poem by HP. Palmer)

Franz Liszt: *Nuages gris*

3rd scene: **What does awareness mean?**

Ethel Smyth: *Aus meiner Jugendzeit!!*

Elainie Lillios: *Solitude's Stark Wilderness* (after a poem by HP. Palmer)

4th scene: **win or lose**

Akin Euba: *African Dance 2*

Arnold Schönberg: *6 Klavierstücke op. 19*

5th scene: **What is life?**

Santa Ratniece: *In Love with Liberty* (after a fable by HP. Palmer)

Giovanni Gabrieli: *Ricercar*

John Palmer: *woanders* (after a poem by HP. Palmer)

6th scene: **memento lacrimas - memora risum**

Vic Hoyland: *3 piano pieces from this one for Joan*

7th scene: **Pony**

Heloïse Ph. Palmer: *Pony*